

Saturday 28 July 2018. 6:45 pm

Results for All Competitors in finish order.

Place	Time	Name	Team	Cat	Grad	Entran	Posn
1	0:39:21	BRISLEY, Charlie	Invicta East Kent	Male 16-34	05:37.2	806	1
2	0:41:18	SMERDON, Marc	East Cornwall Harriers	Male 16-34	05:53.9	659	2
3	0:41:34	THOMAS, Justin	Cornwall AC	Male 40-44	05:56.2	691	3
4	0:41:56	CARTHEY, Tom	Falmouth Road Runners	Male 35-39	05:59.3	854	4
5	0:42:05	KIRTON, James	Truro Running Club	Male 16-34	06:00.6	605	5
6	0:42:38	GILBERT, Simon	Devizes Running Club	Male 40-44	06:05.3	817	6
7	0:42:43	GOODWAY, Dan	Truro Running Club	Male 16-34	06:06.0	843	7
8	0:42:53	OKE, James		Male 16-34	06:07.5	831	8
9	0:43:25	BRYDON, James Lee	Bodmin Road Runners	Male 16-34	06:12.0	65	9
10	0:43:29	WILLIAMS, Simon S	St Austell RC	Male 45-49	06:12.6	713	10
11	0:43:33	TREGONNING, David	St Austell RC	Male 16-34	06:13.2	763	11
12	0:43:55	SOLE, Paul	Cornwall AC	Male 35-39	06:16.3	798	12
13	0:43:56	HOWES, Dan		Male 40-44	06:16.5	63	13
14	0:45:05	SAVAGE, Richard	Hayle Runners	Male 50-54	06:26.3	742	14
15	0:46:10	SARA, Wayne	Truro Running Club	Male 35-39	06:35.6	608	15
16	0:46:11	STANDING, Robert	Truro Running Club	Male 45-49	06:35.7	609	16
17	0:46:15	WISNER, John	St Austell RC	Male 45-49	06:36.3	776	17
18	0:46:27	KEY, Andrew	Carn Runners	Male 16-34	06:38.0	729	18
19	0:47:00	HUGHES, Joe	PL24	Male 16-34	06:42.7	662	19
20	0:47:17	DEACON, Mark	Looe Pioneers	Male 16-34	06:45.2	751	20
21	0:47:19	ALLY, Leigh	Aldridge RC	Male 16-34	06:45.5	842	21
22	0:47:20	SAWFORD, Paul	Carn Runners	Male 50-54	06:45.6	859	22
23	0:47:39	BLAKELEY, Matthew	Roundhay Runners	Male 45-49	06:48.3	862	23
24	0:47:47	DANIELL, Jamie		Male 16-34	06:49.5	727	24
25	0:47:59	JOHNSON, Jeanette	Launceston Road Runners	Female 50-54	06:51.2	839	25
26	0:48:02	SOLE, Amy	Cornwall AC	Female 16-34	06:51.6	797	26
27	0:48:06	COCKLEY, James		Male 16-34	06:52.2	788	27
28	0:48:18	TAPHOUSE, Joshua	Bodmin Road Runners	Male 16-34	06:53.9	635	28
29	0:48:21	PARKS, Jason	St Austell RC	Male 35-39	06:54.3	61	29
30	0:48:26	PENHALIGON, Chris		Male 16-34	06:55.0	778	30
31	0:48:38	PAYTON, Alexandra	St Austell RC	Female 16-34	06:56.7	580	31
32	0:48:47	WRIGHT, William	Newquay Par AC	Male 16-34	06:58.0	80	32
33	0:48:53	LITTLEJOHNS, Mark	Falmouth Road Runners	Male 45-49	06:58.9	856	33
34	0:48:55	HARDING, Ben	East Cornwall Harriers	Male 35-39	06:59.2	710	34
35	0:49:03	ULLMAN, Chris	East Cornwall Harriers	Male 45-49	07:00.3	684	35
36	0:49:08	WHEELER, Adam		Male 55-59	07:01.0	739	36
37	0:49:09	BLEWETT, Derren	St Austell RC	Male 50-54	07:01.2	786	37
38	0:49:11	SMITH, Andrew	St Austell RC	Male 40-44	07:01.5	67	38
39	0:49:13	HOWELL, Tom	Mile High	Male 16-34	07:01.7	715	39
40	0:49:30	HOSKEN, Richard		Male 35-39	07:04.2	768	40
41	0:49:36	TWIGGS, Tim	Hayle Runners	Male 50-54	07:05.0	700	41
42	0:49:50	KEARNEY, Peter	Carn Runners	Male 55-59	07:07.0	863	42
43	0:50:18	RENDLE, Steve	Newquay Road Runners	Male 50-54	07:11.0	868	43
44	0:50:27	STAFF, Dale	Looe Pioneers	Male 40-44	07:12.3	769	44
45	0:50:33	GREER, Mike	St Austell RC	Male 16-34	07:13.2	800	45
46	0:50:49	SWEENEY, Mark	St Austell RC	Male 50-54	07:15.4	849	46
47	0:51:09	EDWARDS, Glynn	Truro Running Club	Male 16-34	07:18.3	581	47
48	0:51:22	WATSON, Robin	Falmouth Road Runners	Male 50-54	07:20.2	596	48
49	0:51:34	CHAPMAN, Chris	PL24	Male 35-39	07:21.9	83	49
50	0:51:35	JONES, Dean	Newquay Road Runners	Male 40-44	07:22.0	681	50
51	0:51:37	WILLIAMS, Ryan	Falmouth Road Runners	Male 16-34	07:22.3	855	51
52	0:51:42	PICKERING, Stuart	Tri Logic	Male 50-54	07:23.0	615	52
53	0:51:47	RAPSON, Nigel	St Austell RC	Male 55-59	07:23.7	838	53
54	0:51:49	SQUIRE, David		Male 35-39	07:24.0	78	54
55	0:51:52	MORGAN, Rebecca	Truro Running Club	Female 40-44	07:24.4	606	55
56	0:51:56	HIRST, Danny		Male 35-39	07:25.0	652	56
57	0:52:13	WILSON, Chris	Real Buzz Running	Male 50-54	07:27.4	56	57
58	0:52:15	ADIE, Gordon	Truro Running Club	Male 55-59	07:27.7	810	58
59	0:52:19	CARTER, Steven	Truro Running Club	Male 45-49	07:28.3	644	59

60	0:52:20	RICHARDS, Stuart	St Austell RC	Male 40-44	07:28.4	738	60
61	0:52:22	MORSE, Helen	East Cornwall Harriers	Female 16-34	07:28.7	773	61
62	0:52:23	HARVEY, Darren	East Cornwall Harriers	Male 40-44	07:28.9	844	62
63	0:52:25	BRAY, Daniel	St Austell RC	Male 16-34	07:29.2	667	63
64	0:52:26	BLAKE, William		Male 16-34	07:29.3	799	64
65	0:52:39	VARCKER, Darren		Male 45-49	07:31.2	582	65
66	0:52:39	HILL, Jeremy	St Austell RC	Male 35-39	07:31.2	611	66
67	0:52:41	PAINÉ, Jamie		Male 16-34	07:31.4	841	67
68	0:53:06	GURRY, Harvey	Plymstock Road Runners	Male 55-59	07:35.0	850	68
69	0:53:14	HUGHES, Alan	Bodmin Road Runners	Male 16-34	07:36.2	649	69
70	0:53:17	LAWRY, Ross	St Austell RC	Male 40-44	07:36.6	771	70
71	0:53:20	BATHE, Colin	Truro Running Club	Male 45-49	07:37.0	599	71
72	0:53:24	VICARY, Darren	St Austell RC	Male 35-39	07:37.6	57	72
73	0:53:32	ROBINSON, Joanne	Looe Pioneers	Female 40-44	07:38.7	716	73
74	0:53:34	WHITE, Daniel		Male 40-44	07:39.0	794	74
75	0:53:34	GEORGE, Craig	PL24	Male 45-49	07:39.0	71	75
76	0:53:43	CHASE, Andy	St Austell RC	Male 16-34	07:40.3	654	76
77	0:53:53	LARHAM, Christopher		Male 35-39	07:41.7	749	77
78	0:53:54	BOWDEN, Nick		Male 16-34	07:41.9	865	78
79	0:53:59	BRISLEY, Gary		Male 40-44	07:42.6	807	79
80	0:54:01	OLIVE, Richard	Truro Running Club	Male 45-49	07:42.9	801	80
81	0:54:05	GIBSON, Mandy	Looe Pioneers	Female 40-44	07:43.4	833	81
82	0:54:08	ALLEN, Marc		Male 16-34	07:43.9	792	82
83	0:54:17	LITTLE, Andy		Male 40-44	07:45.2	818	83
84	0:54:32	MARKS, Stacie	St Austell RC	Female 16-34	07:47.3	762	84
85	0:54:43	TREGGAR, Richard		Male 50-54	07:48.9	796	85
86	0:54:47	OSBORNE, Barry	PB Running Club	Male 45-49	07:49.4	808	86
87	0:55:02	JONES, Stephen	Truro Running Club	Male 35-39	07:51.6	772	87
88	0:55:15	TRUDGEON, Steve	Mud Crew	Male 35-39	07:53.4	826	88
89	0:55:17	BREYER, Russel	Ipswich Tri Club	Male 55-59	07:53.7	683	89
90	0:55:20	JORDAN, Hannah	Devizes Running Club	Female 35-39	07:54.2	816	90
91	0:55:27	BRYDON, Kate	Bodmin Road Runners	Female 16-34	07:55.2	73	91
92	0:55:28	LARTER, Mygual		Male 16-34	07:55.3	830	92
93	0:55:32	MCLEAN, Luke	Mounts Bay Harriers	Male 35-39	07:55.9	757	93
94	0:55:32	SEARLE, Dee	Mounts Bay Harriers	Female 35-39	07:55.9	802	94
95	0:55:36	DIXON, Eleanor	Newquay Road Runners	Female 40-44	07:56.4	583	95
96	0:55:44	DUNN, Sam		Male 35-39	07:57.6	755	96
97	0:55:47	WALLBANK, Rob	St Austell RC	Male 35-39	07:58.0	823	97
98	0:55:53	SMITHERAM, Mark	Carn Runners	Male 45-49	07:58.9	694	98
99	0:55:55	WILSON, Michael	Truro Running Club	Male 60-64	07:59.2	610	99
100	0:56:03	ALLEN, Peter	Newquay Road Runners	Male 60-64	08:00.3	658	100
101	0:56:11	GWYNNE, Paul	Mud Crew	Male 50-54	08:01.4	836	101
102	0:56:32	RUSSELL, Barry	St Austell RC	Male 40-44	08:04.4	678	102
103	0:56:35	WHITE, Peter		Male 50-54	08:04.9	679	103
104	0:56:39	FINNEGAN, Sarah	Truro Running Club	Female 35-39	08:05.4	603	104
105	0:56:49	RAGGETT, Donna	Cornwall AC	Female 45-49	08:06.9	861	105
106	0:56:50	SOLOMON, Pam	Bodmin Road Runners	Female 55-59	08:07.0	630	106
107	0:56:51	GRASSAM, Mark	Looe Pioneers	Male 45-49	08:07.2	866	107
108	0:56:57	MEENS, Daniel	NSP	Male 16-34	08:08.0	82	108
109	0:57:05	HARTILL, Gail	Bodmin Road Runners	Female 40-44	08:09.2	730	109
110	0:57:11	JACKSON, Matthew		Male 35-39	08:10.0	682	110
111	0:57:12	PARSONS, Ruby		Female 16-34	08:10.2	845	111
112	0:57:19	MULLIS, Adrian		Male 35-39	08:11.2	55	112
113	0:57:20	MOUNTFORD, Frazer	Newquay Road Runners	Male 35-39	08:11.3	750	113
114	0:57:23	SHEFFORD, Andrew	Truro Running Club	Male 16-34	08:11.7	704	114
115	0:57:30	ANDREW, Tom	Okehampton R C	Male 16-34	08:12.7	858	115
116	0:57:32	CRABB, Sally	Looe Pioneers	Female 40-44	08:13.0	613	116
117	0:57:39	FOY, David	Falmouth Road Runners	Male 45-49	08:14.0	588	117
118	0:57:58	DALE, Steve	Newquay Road Runners	Male 40-44	08:16.7	585	118
119	0:58:09	TRUDGEON, Paul		Male 35-39	08:18.3	835	119
120	0:58:10	LANGSTAFF, Emma	Looe Pioneers	Female 40-44	08:18.4	770	120

121	0:58:12	BRYDON, Jackie	Bodmin Road Runners	Female 50-54	08:18.7	66	121
122	0:58:18	BARNETT, Karen		Female 40-44	08:19.6	79	122
123	0:58:19	FORBES, Jennifer	Carn Runners	Female 16-34	08:19.7	857	123
124	0:58:21	FERGUSON, Andrew	Mud Crew	Male 50-54	08:20.0	834	124
125	0:58:31	EGGINGTON, Mike	East Cornwall Harriers	Male 50-54	08:21.4	766	125
126	0:59:04	MCGUFFIE, Robert		Male 40-44	08:26.2	779	126
127	0:59:04	BLACKBURN, Amy	Mile High	Female 16-34	08:26.2	869	127
128	0:59:28	SOLOMON, Andrew	Bodmin Road Runners	Male 55-59	08:29.6	631	128
129	0:59:44	LEE, Steven		Male 35-39	08:31.9	618	129
130	0:59:46	MOORE, Jane	St Austell RC	Female 55-59	08:32.1	669	130
131	0:59:53	HILL, Nick		Male 35-39	08:33.1	703	131
132	1:00:02	VARCOE, Craig		Male 16-34	08:34.4	864	132
133	1:00:03	STEPHENS, James		Male 16-34	08:34.6	775	133
134	1:00:20	MOORE, Nick		Male 55-59	08:37.0	670	134
135	1:00:26	DOWDESWELL, Gavin		Male 45-49	08:37.9	783	135
136	1:00:50	PASCOE, Anna	Mud Crew	Female 35-39	08:41.3	623	136
137	1:00:58	CATNACH, Alison	Looe Pioneers	Female 40-44	08:42.4	780	137
138	1:01:03	BARNFIELD, Marty		Male 40-44	08:43.1	712	138
139	1:01:07	WALTERS, Karen	Newquay Road Runners	Female 45-49	08:43.7	829	139
140	1:01:11	CAREY, Nick	Bodmin Road Runners	Male 40-44	08:44.3	825	140
141	1:01:23	WILLIAMS, Amy	East Cornwall Harriers	Female 35-39	08:46.0	728	141
142	1:01:30	HUTCHINSON, Stephen	Bude Rats	Male 65-69	08:47.0	645	142
143	1:01:54	WILCOX, David	Truro Running Club	Male 40-44	08:50.4	639	143
144	1:01:55	GREGORY, Amy	Newquay Road Runners	Female 16-34	08:50.6	828	144
145	1:01:58	FLETCHER, Jonathon		Male 35-39	08:51.0	815	145
146	1:02:05	NORMAN, Joeli		Female 16-34	08:52.0	789	146
147	1:02:09	STOBART, Matthew		Male 55-59	08:52.6	731	147
148	1:02:23	COOKE, Andrew		Male 50-54	08:54.6	756	148
149	1:02:36	TRETHEWEY, Martin	St Austell RC	Male 50-54	08:56.4	698	149
150	1:03:18	FARMER, Sean		Male 16-34	09:02.4	867	150
151	1:03:24	COLLINS, Joanna	St Austell RC	Female 16-34	09:03.3	664	151
152	1:03:26	ELLIS, Steve	St Austell RC	Male 50-54	09:03.6	747	152
153	1:03:32	ROWE, Maisie		Female 40-44	09:04.4	674	153
154	1:03:54	FOSTER, Di	Looe Pioneers	Female 45-49	09:07.6	832	154
155	1:04:00	BALDWIN, Mike	Hayle Runners	Male 55-59	09:08.4	746	155
156	1:04:07	GALE, Dave		Male 50-54	09:09.4	688	156
157	1:04:16	BRAISFORD, Rose	Erme Valley Harriers	Female 50-54	09:10.7	748	157
158	1:04:21	HOWES, Tamsyn		Female 40-44	09:11.4	64	158
159	1:04:27	COLMAN, Jonty		NDB	09:12.3	805	159
160	1:04:29	GEEVES, Jo		Female 16-34	09:12.6	774	160
161	1:04:32	WERRAN, Louise	Launceston Road Runners	Female 40-44	09:13.0	725	161
162	1:04:34	DOWDESWELL, Zak		Male 16-34	09:13.3	853	163
163	1:04:34	DOWDESWELL, Jude		Female 16-34	09:13.3	784	164
164	1:04:35	WARD, Emma		Female 16-34	09:13.4	697	165
165	1:04:35	STEPHENS, Jane	Bodmin Road Runners	Female 50-54	09:13.4	637	166
166	1:04:45	GOUNDRY, Andy	Truro Running Club	Male 50-54	09:14.9	696	167
167	1:04:49	MACE, Graham		Male 45-49	09:15.4	663	168
168	1:05:01	LAWES, Helen	Looe Pioneers	Female 45-49	09:17.1	627	169
169	1:05:06	RINGER, Ian	Bodmin Road Runners	Male 70+	09:17.9	782	170
170	1:05:16	BOWERS, Karina	St Austell RC	Female 35-39	09:19.3	803	171
171	1:05:22	TRETHEWEY, Charlie	St Austell RC	Female 40-44	09:20.1	699	172
172	1:05:23	COPE, Jackie	Falmouth Road Runners	Female 60-64	09:20.3	586	173
173	1:05:24	BENDE, Cassi	Truro Running Club	Female 16-34	09:20.4	620	174
174	1:05:35	BARLOW, Claire	Bodmin Road Runners	Female 40-44	09:22.0	636	175
175	1:05:44	PUREMOUNT, Katie		Female 35-39	09:23.3	706	176
176	1:05:45	WISE, Rebecca	Launceston Road Runners	Female 35-39	09:23.4	726	177
177	1:05:54	TYLER, Jacky	Bodmin Road Runners	Female 60-64	09:24.7	734	178
178	1:06:06	WARD, Hannah	Mud Crew	Female 40-44	09:26.4	814	179
179	1:06:09	MORTON, Richard	Tamar Trotters	Male 65-69	09:26.9	661	180
180	1:06:22	ROBINSON, Kevin		Male 45-49	09:28.7	75	181
181	1:06:29	KERLEY, Tara	St Austell RC	Female 16-34	09:29.7	740	182

182	1:06:34	DREW, Barry	Carn Runners	Male 70+	09:30.4	643	183
183	1:06:42	BROWN, Elizabeth	St Austell RC	Female 50-54	09:31.6	787	184
184	1:07:06	HILL, Charles		Male 35-39	09:35.0	702	185
185	1:07:23	WISNER, Kath	St Austell RC	Female 45-49	09:37.4	777	186
186	1:07:24	COLSELL, Sarah		Female 35-39	09:37.6	668	187
187	1:07:27	BROWN, Jon	Team Bath	Male 50-54	09:38.0	675	188
188	1:07:37	NORTHEY, Joanna	Launceston Road Runners	Female 40-44	09:39.4	741	189
189	1:07:40	HOWE, Will		Male 50-54	09:39.9	804	190
190	1:07:45	HYNES, Jaïne	Launceston Road Runners	Female 50-54	09:40.6	612	191
191	1:07:48	GOATMAN, Charlotte	Bodmin Womens RC	Female 16-34	09:41.0	650	192
192	1:07:56	WILKS, Mingkhuan		Female 40-44	09:42.1	74	193
193	1:07:59	WILTON, David	Falmouth Road Runners	Male 60-64	09:42.6	598	194
194	1:08:56	TILLEY, John	Bodmin Road Runners	Male 65-69	09:50.7	657	195
195	1:09:04	WILLCOCKS, Bob	Falmouth Road Runners	Male 55-59	09:51.8	597	196
196	1:09:12	PASCOE, Peter	Carn Runners	Male 50-54	09:53.0	754	197
197	1:09:15	WATSON, Janet	Falmouth Road Runners	Female 65-69	09:53.4	695	198
198	1:09:28	SYMONS, Paula		Female 35-39	09:55.3	625	199
199	1:09:30	BLACKMORE, Jo		Female 35-39	09:55.6	626	200
200	1:09:37	BROWN, Lorraine	Truro Running Club	Female 45-49	09:56.6	760	201
201	1:09:51	ALLEN, Rebecca	Carn Runners	Female 16-34	09:58.6	632	202
202	1:09:52	BATHE, Nicola	Truro Running Club	Female 40-44	09:58.7	600	203
203	1:09:52	WATTS, Bird	Truro Running Club	Female 16-34	09:58.7	848	204
204	1:10:07	TYLER, Luke		Male 35-39	10:00.8	847	205
205	1:10:14	BLAKELEY, Alyson	Roundhay Runners	Female 40-44	10:01.8	860	206
206	1:10:16	SMITH, Graham	Falmouth Road Runners	Male 55-59	10:02.1	595	207
207	1:10:17	WALLER, Joely	St Austell RC	Female 50-54	10:02.3	722	208
208	1:10:21	DUNN, Patrick		Male 50-54	10:02.8	723	209
209	1:10:22	STEPHENS, Rebecca		Female 35-39	10:03.0	72	210
210	1:10:23	NEWTON, Roy	Falmouth Road Runners	Male 70+	10:03.1	593	211
211	1:10:26	RETALLICK, Lyndsey	St Austell RC	Female 35-39	10:03.6	58	212
212	1:10:39	PENTREATH, Nick	Falmouth Road Runners	Male 55-59	10:05.4	594	213
213	1:10:40	HARRIS, Rebecca		Female 40-44	10:05.6	765	214
214	1:10:41	PUREMONT, Claire		Male 35-39	10:05.7	705	215
215	1:10:41	FARLEY, Dan		Male 35-39	10:05.7	707	216
216	1:10:48	BUSCOMBE, Lisa	Truro Running Club	Female 45-49	10:06.7	601	217
217	1:10:58	LONG, Fran	Hayle Runners	Female 55-59	10:08.1	717	218
218	1:11:08	LARKIN, Tom		Male 16-34	10:09.6	70	219
219	1:11:29	WEBB, Tabitha		Female 35-39	10:12.6	69	220
220	1:11:29	KNUCKEY, Nigel	Truro Running Club	Male 60-64	10:12.6	607	221
221	1:11:45	ROBERTS, Helen	Plymstock Road Runners	Female 45-49	10:14.8	689	222
222	1:11:50	FLETCHER, Sally	St Austell RC	Female 50-54	10:15.6	62	223
223	1:11:52	SPARGO, Philip	Truro Running Club	Male 60-64	10:15.8	665	224
224	1:12:11	MCFADDEN, Tracy	Bodmin Womens RC	Female 50-54	10:18.6	619	225
225	1:12:16	CAREY, Eliza	Bodmin Road Runners	Female 45-49	10:19.3	824	226
226	1:12:17	THOMAS, Hannah	Truro Running Club	Female 40-44	10:19.4	622	227
227	1:12:25	THOMAS, Mark	Truro Running Club	Male 40-44	10:20.6	621	228
228	1:12:27	MOORE, Teresa		Female 45-49	10:20.8	676	229
229	1:12:37	MICEK, Sophie		Female 16-34	10:22.3	791	231
230	1:12:37	POWLESLAND, Sarah		Female 35-39	10:22.3	840	232
231	1:13:11	BROWN, Mark		Male 45-49	10:27.1	822	233
232	1:13:12	EVANS, Des	Newquay Road Runners	Male 65-69	10:27.3	584	234
233	1:13:20	BRAY, Catherine		Female 40-44	10:28.4	736	235
234	1:13:30	BOARDMAN, Diane	Truro Running Club	Female 35-39	10:29.8	732	236
235	1:13:31	PARISH, David	PL24	Male 55-59	10:30.0	81	237
236	1:13:40	REYNOLDS, Julie	East Cornwall Harriers	Female 45-49	10:31.3	790	238
237	1:13:46	BUSCOMBE, Ross		Male 16-34	10:32.1	737	239
238	1:13:50	BILLS, Kelly	Carn Runners	Female 40-44	10:32.7	633	240
239	1:13:55	POLLARD, Simon	St Austell RC	Male 45-49	10:33.4	718	241
240	1:13:55	TAYLOR, Sean		Male 50-54	10:33.4	693	242
241	1:14:02	HAMACHER, Norbert	Truro Running Club	Male 55-59	10:34.4	604	243
242	1:14:03	WADE, Margaret	Carn Runners	Female 65-69	10:34.6	641	244

243	1:14:33	EGGINGTON, Liz	East Cornwall Harriers	Female 50-54	10:38.8	767	245
244	1:15:01	PEARCE, Deborah	Hayle Runners	Female 45-49	10:42.8	708	246
245	1:15:39	BLANDEN, Jim		Male 50-54	10:48.3	837	247
246	1:15:54	HART, Hannah		Female 35-39	10:50.4	812	248
247	1:16:05	MULLIS, Katherine		Female 16-34	10:52.0	54	249
248	1:16:08	GURRY, Thomas	Plymstock Road Runners	Male 16-34	10:52.4	851	250
249	1:16:08	DAVEY, Mike		Male 35-39	10:52.4	86	251
250	1:16:14	LAMBERT, Eve		Female 35-39	10:53.3	673	252
251	1:16:25	PLATTEN, Donna		Female 40-44	10:54.8	53	253
252	1:16:38	CLARKE, Ray		Male 45-49	10:56.7	846	254
253	1:16:54	OSBORN, Kathryn	Hayle Runners	Female 55-59	10:59.0	651	255
254	1:17:18	DOBSON, Joseph		Male 16-34	11:02.4	671	256
255	1:17:21	MARSH, Kathryn	Carn Runners	Female 40-44	11:02.8	692	257
256	1:17:23	BOND, Nina	Looe Pioneers	Female 16-34	11:03.1	616	258
257	1:17:31	BOYCE, Christian	Looe Pioneers	Male 45-49	11:04.3	617	259
258	1:17:55	DUDLEY, Michelle	St Austell RC	Female 50-54	11:07.7	745	260
259	1:18:04	BAKER, Philippa	Launceston Road Runners	Female 60-64	11:09.0	647	261
260	1:18:42	SMITH, Joe		Male 65-69	11:14.4	744	262
261	1:18:45	EVA, Amanda	Truro Running Club	Female 50-54	11:14.8	602	263
262	1:18:50	MASON, John	Launceston Road Runners	Male 50-54	11:15.5	690	264
263	1:19:43	DORMER, Kathran	Falmouth Road Runners	Female 65-69	11:23.1	733	265
264	1:19:44	PEARCE, Amy		Female 35-39	11:23.3	60	266
265	1:20:13	BLACKWELL, Fern		Female 16-34	11:27.4	59	267
266	1:20:53	CORNELIUS, Barry		Male 55-59	11:33.1	813	268
267	1:21:03	WEEDON, Peter		Male 65-69	11:34.5	68	269
268	1:21:23	MAY, Josephine		Female 35-39	11:37.4	735	270
269	1:21:27	HAWKE, Lisa	Bodmin Road Runners	Female 40-44	11:38.0	680	271
270	1:21:29	FALCIONE, Marisa	Falmouth Road Runners	Female 50-54	11:38.3	587	272
271	1:21:49	WOLSTENCROFT, Zoe	Carn Runners	Female 40-44	11:41.1	634	273
272	1:21:50	ROWE, Lisa	St Austell RC	Female 16-34	11:41.3	84	274
273	1:21:56	HOGG, Lorna	Mud Crew	Female 45-49	11:42.1	687	275
274	1:21:58	BROWN, Andrew		Male 50-54	11:42.4	761	276
275	1:22:50	ROWE, James	PL24	Male 40-44	11:49.8	85	277
276	1:23:08	BOLT, Adrian	Truro Running Club	Male 50-54	11:52.4	614	278
277	1:23:21	HOWARD, Sarah	Bodmin Womens RC	Female 45-49	11:54.3	827	279
278	1:23:46	BOLITHO, Julie	Mounts Bay Harriers	Female 50-54	11:57.8	672	280
279	1:24:36	HARRIS, Tamsin		Female 55-59	12:05.0	701	281
280	1:24:59	HEMENS, Claire	Falmouth Road Runners	Female 55-59	12:08.3	590	282
281	1:25:10	TOY, Jeanette	Carn Runners	Female 45-49	12:09.8	753	283
282	1:25:23	ANDREWS, George	Mounts Bay Harriers	Male 65-69	12:11.7	624	284
283	1:26:02	COLES, Grant		Male 16-34	12:17.3	811	285
284	1:26:32	LAKE, Christine	Falmouth Road Runners	Female 60-64	12:21.5	591	286
285	1:27:01	DREW, Carole	Carn Runners	Female 70+	12:25.7	642	287
286	1:27:12	LAWRENCE, Steve	Falmouth Road Runners	Male 60-64	12:27.3	592	288
287	1:29:35	GARRARD, David	Falmouth Road Runners	Male 70+	12:47.7	589	289
288	1:30:29	SMITH, Mandy	Mud Crew	Female 55-59	12:55.4	686	290
289	1:30:29	ANDREWS, Emma	Bodmin Womens RC	Female 16-34	12:55.4	666	291
290	1:31:35	ANDREWS, Damian		Male 35-39	13:04.8	852	292
291	1:32:33	BLIGHT, Mandy	St Austell RC	Female 60-64	13:13.1	656	293
292	1:32:35	BANKS, David		Male 16-34	13:13.4	77	294
293	1:34:25	DUNSTAN, Tamsyn		Female 16-34	13:29.1	76	295
294	1:36:15	WRIGHT, Mike	Hayle Runners	Male 65-69	13:44.8	721	296
295	1:43:52	LIDIARD, Sandra	Bodmin Womens RC	Female 45-49	14:50.1	820	297
296	1:43:52	WARE, Daryll	PB Running Club	Male 50-54	14:50.1	819	298
297	1:43:52	WILLCOCK, Louise	PB Running Club	Female 45-49	14:50.1	648	299